



**MELLOW
JERSEY**

WELCOME TO CYCLING PARADISE...

BELLA VELO MALLORCA CAMPS

7-14 MARCH - DEVELOPMENT CAMP

14-21 MARCH - CHALLENGE CAMP

BellaVelo

OVERVIEW

BellaVelo has once again teamed up with Mellow Jersey to run a series of training camps in Mallorca.

We have pulled together an experienced team to host you - we understand what's important to you in a cycling holiday and any concerns you might have along the way, and are here to make sure you get the most out of your cycling break.

The Mellow Jersey team has ridden extensively in Mallorca and will take you on a stunning exploration of this cycling paradise, giving you the opportunity to challenge yourself on the climbs, get some group riding experience, and have plenty of fun along the way.

We recognise (and love the fact!) that there's super strong women riders out there, and also understand that there is a proportion of us who are still at the early stages of the cycling journey.

To ensure that everyone is well looked after and we can focus more on individual goals, this year the camp will be split into two - a 'development' week and 'challenge' week, details of which are outlined overleaf.

We are looking forward to welcoming many of you back and meeting some new faces next spring!



C A M P S

This year we will be offering two camps, as follows:

7-14th March (4 nights - 7-11th March) - Development week:

This is aimed at improving your riding and may be your first time at a training camp. If you want to try out some of the best known climbs in Mallorca, the most scenic routes and improve your skills on a bike then this is for you.



14-21st March (4 nights - 14-18th March) - Challenge week:

If you are aiming at entering a challenging cycling event such as the 312, Etape or Le Loop, this is for you. Experience the most challenging climbs and distances Mallorca has to offer and get your season off to an excellent start.



Mallorca

PACKAGE

MELLOW
JERSEY

Your package includes:

- Half board (inc breakfast & dinner) accommodation in 4-star hotel
- Transfers to and from Palma airport
- Weekly programme and guided rides
- Support and guidance of our experienced team

Note: Excludes flights and travel insurance

BellaVelo club members receive a special 10% discount, making prices as follows:

- 7 nights - £653
- 4 nights - £425

BellaVelo

Note: Prices per person based on twin share - single supplement £30 per night.



Mallorca

OPTIONAL EXTRAS

**MELLOW
JERSEY**



Sports massage – to help you recover, ride your best...and just relax!

Bike hire / Bike box – bring your own or get one there...



Seminars – punctures & bike maintenance, core & stretching etc

Mallorca

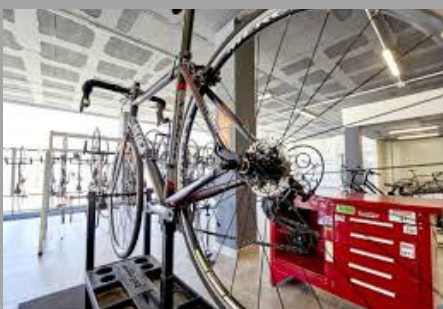
THE HOTEL

MELLOW
JERSEY

Astoria Playa - Adults Only Hotel

We know how important it is to be well rested and fed as part of your camp, and the Astoria Playa does an excellent job of facilitating this!

The hotel is a contemporary adults only hotel, which prides itself on quality rooms, excellent food and an extensive wine and cocktail list. It is well equipped for cycling with a dedicated bike centre and a briefing room within the bar area.



Mallorca

MELLOW
JERSEY

ABOUT US

Mellow Jersey was formed out of a love for cycling and the realisation that life is generally better on two wheels meeting other like-minded people and helping them achieve their cycling aspirations.

Whatever those goals are, we can help you get there... Whether you want to tackle one of the major European sportives, conquer the mountains or just ride your bike in the sunshine, we have something for you!

Our team is brought together by a love of riding, and a desire to show people the joys of group cycling in stunning destinations. We are experienced riders, and this combined with expert logistical planning and the fact we are generally just nice people makes us ideally placed to host you on your trip.

We love what we do, and we'll make sure you have a great time with us.



Mallorca

HOW TO BOOK

MELLOW
JERSEY

WE WOULD LOVE YOU TO JOIN US!

Book via our website:

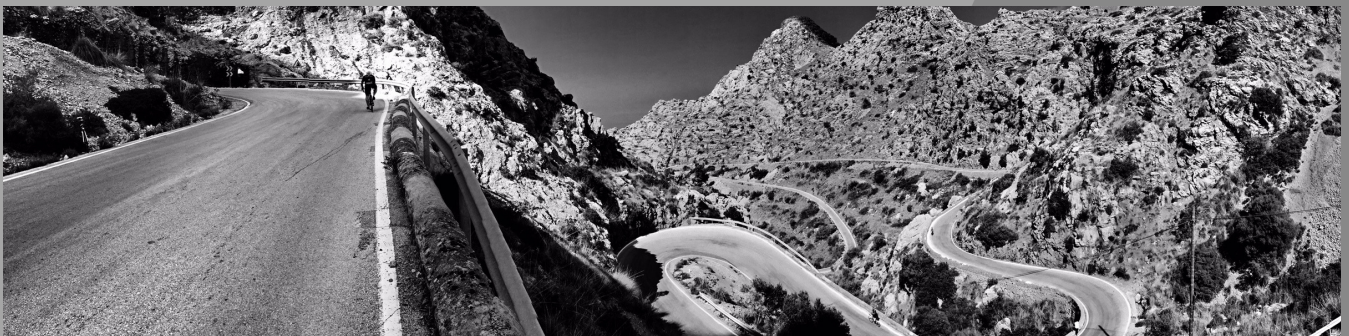
www.mellowjersey.co.uk/bellavelo/

or

Contact Emma:

+44 7714 524518

emma@mellowjersey.co.uk



www.mellowjersey.co.uk